

# **ANNUAL REPORT '23**

Fostering personal and community growth through the challenge of rock climbing

# TRG is still evolving

In its 10th year of operation, TRG continues to evolve its youth programs, classes, and events in ways that better serve Teton Valley.

In 2023, we offered Teen Club, providing a space for teens to enjoy climbing socially with peers. Littles Climb was re-introduced for kids under 5 to use the gym in a safe way with the support of their caretakers and gym staff. Our youth teams grew in size, and both Advanced and Junior team members competed in their first USA climbing compeitions in bouldering and roped-climbing. During the summer, TRG piloted a Teen Climbing Camp, bringing teens of all levels outdoors to climb.

We launched a partnership with Teton Valley Pride Alliance to host montly Queer Climb Nights and continued to provide safe spaces for women and nonbinary climbers. And last but not least, with more interest in aerial silks, we were able to offer another beginner level class to a growing community of flyers!

It's been a wonderful year at Teton Rock Gym with a growing sense of interconnection and support as leaders of our youth programs become adults and the adult community develops and embraces the younger generation of climbers thriving at the gym.

## The year in numbers:











### **Our Team**

2023 was another big year for our team as they managed the formation of a new board of directors, growth in all programs, expanded participation in USA climbing and offering new community events and class offerings for adults.

After a year of battling a shoulder injury, Jen brought on Axel Restuccia to take on a the brundt of setting responsibility for the rock gym and he's done an incredible job.

#### **Jacob Yufa**

Executive Director, Climbing Instructor

#### **Jennifer Piperno**

Development Director, Climbing & Aerial Instructor, Setter

# **Axel Restuccia**Setter, Advanced Team Climber

#### **Board of Directors**

This past year, a new rock gym board took shape! This board cares deeply about the gym, it's staff, and the mission of the organization.

**Board Chair | Jim Schultz** 

**Treasurer | Christopher Trudeau** 

**Secretary | Sarah Kaiser** 







## **Youth Programs '23**

**Mini Monkeys:** Minis learn the basics of climbing while building confidence, strength, and balance through games, bouldering, and roped-climbing.

**Monkeys:** Monkeys master top-rope belaying & climbing commands and are introduced to knot-tying and skill development through games and drills.

**Teen Club:** Teens are introduced to climbing techniques, top rope and lead climbing, aerial silks, how to train and prevent injuries.

**Junior Team:** Junior Team is for climbers interested in progressing faster, competing in local comps, lead climbing, and training harder for climbing.

**Advanced Climbing Team:** Advanced team introduces climbing-specific training, intermediate-advanced technique development, and goal setting. This program emphasizes endurance & mobility training, as well as mental preparation, teamwork, and competition climbing.

**Summer Team:** This invite-only group is comprised of Advanced and Junior Team kids who want to maintain their fitness and further their progress over the summer months.

**ABC Summer Camp:** Above and Beyond the Classroom, a local nonprofit, partners with TRG to offer indoor and outdoor climbing opportunities to many Teton Valley youth who otherwise would not have the chance to climb.

**TRG Summer Camp:** TRG's outdoor camp is a fun and challenging program for kids to develop confidence and fundamental skills for bouldering and roped climbing outdoors, including knot-tieing, belaying and rappelling.

**Winter Sports:** Climbing is a Winter Sports option for students K-12 in our local school district. In 2021 we hosted 5 weeks of programming for elementary, and 5 weeks for Middle and High school students.









# Free Youth Programs '23

### **ABC Summer Camp**

TRG partners with ABC, Above and Beyond the Classroom in Teton Valley to host an indoor climbing camp and guided outdoor climbing in Teton Canyon. In 2023, TRG hosted 32 ABC students for a 5 week indoor session.



Every first Saturday of the month, families can climb at the gym for free. Rental gear and belay instruction is also free. This event provided 600 people the opportunity to climb for free in 2022.

#### **Littles Climb:**

Every Wednesday, kids under 5 years old can climb at the gym for free. This is a safe opportunity for little climbers to explore the gym, try bouldering and roped climbing with the support of their caretakers and rock gym staff.







# **Adult Programs & Events**

In '23 TRG offered 48 classes and events to our adult community. We provided the following opportunities:

**Top Rope 101** 

**Lead 101** 

**Basic Climbing Movement** 

**Intermediate Climbing Movement** 

**Self Rescue** 

**Anchor Building** 

**Intro to Aerial Silks** 

**Aerial: Beginner 1** 

**Queer Climb Night** 

**Women's and Nonbinary Climb Night** 

**Intro to Bouldering** 

**Reel Rock Film Festival** 









#### **Local Partners**



### **Industry Partners**







### **Tin Cup Challenge**



Thank you to all of the individuals and businesses who donated to Teton Rock Gym through the Tin Cup Challenge in 2023.

Your donations enable us to offer valuable opportunities to kids and families and we take pride in providing high quality climbing experiences that foster personal and community growth.